

Joel E Barber Breakfast January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
6 Waffles or Cereal Sausage Links Fruit Juice Milk	7 Scrambled Eggs or Cereal Bacon Cinnamon Toast Fruit Juice Milk	8 Biscuit & Sausage Gravy or Cereal Hash Browns Fruit Juice Milk	9 Bagel Pizza or Cereal or Oatmeal w/ Blueberry bagel Cereal bar Fruit Juice Milk	10
13 Sausage Biscuit or Cereal Hashbrown Fruit Juice Milk	14 Pancake on a stick or Cereal Crispy Cubes Fruit Juice Milk	15 Biscuit & Sausage Gravy or Cereal Hashrown Fruit Juice Milk	16 Bagel Pizza or Cereal or Oatmeal w/blueberry bagel Cereal Bar Fruit Juice Milk	17
20 Cereal or oatmeal Sausage Links Fruit Juice Milk	21 Scones or cereal Hashbrown Fruit Juice Milk	22 Biscuit & Sausage Gravy or Cereal Hashbrown Fruit Juice Milk	23 Eggstravaganza (eggs/cheese/bacon) or cereal or oatmeal Cinnamon Toast Fruit Juice Milk	24
27 Pancakes or cereal Bacon Fruit Juice Milk	28 Mini Cinnis or cereal Sausage Links Fruit Juice Milk	29 Biscuit & Sausage Gravy or Cereal Hashbrown Fruit Juice Milk	30 Bagel Pizza or Cereal or Oatmeal w/blueberry bagel Cereal Bar Fruit Juice Milk	31

This Institution is an Equal Opportunity Provider

Joel E Barber Lunch

January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
6 Chicken Fajita Nachos w/peppers & onions Rosemary Potatoes Corn on the cob Pineapple Milk	7 Chili w/crackers Cinnamon Roll Green Beans Mandarin Oranges Milk	8 Sweet & Sour Chicken Rice Stir Fry Veggies Fruit Milk	9 Oven Roasted Drumsticks Mashed potatoes & gravy Hot Roll w/butter Peach Crisp	10
13 Loaded Potato Soup Garlic Breadstick Baby Carrots Broccoli/Cheese Fruit Milk	14 Burrito w/cheese sauce Corn Refried Beans Peaches Milk	15 Chicken & Dumplings Green Beans Sliced Cucumbers Garlic Breadstick Mandarin Oranges Milk	16 Cheeseburger w/pickle Fries Celery Stick Fruit Cup Chocolate Chip Cookie Milk	17
20 Bacon/Turkey/ Cheese Hoagie Chips Baby Carrots Broccoli/Cheese Fruit Milk	21 Lasagna Corn Cherry Tomatoes Fruit Cup Fruit Milk	22 Chicken Strips Garlic Breadstick Baked Beans Cole Slaw Mandarin Oranges Milk	23 Sliced Pork Mashed Potatoes Pork Gravy Green Beans Apple Crisp Fruit Milk	24
27 Hot Dog w/Coney Sauce Chips Baby Carrots Fruit Milk	28 Jambalaya Breadstick Red/beans & rice Corn Chocolate chip cookie Milk	29 Calzone w/red sauce Oven Roasted Potatoes Peas Fruit Milk	30 Meatloaf Seasoned Mashed Potatoes Hot Roll w/butter Green Beans Fruit Cup Milk	